Jog Scotland Dunfermline Triple Challenge 2019

Jog Scotland Dunfermline's Fundraiser this year is for Jak's Den. This is an organisation that offers emotional, social and practical support to families with children age 0 – 25 from all over Scotland who have been diagnosed with cancer and related illnesses. Members Dougie and Charles Murphy are part of one such Family. I will be taking part in the 'Triple Challenge 2019' which will involve walking running/cycling (on some occasion through the night) and hillwalking on one of Scotland's popular Munros. I hope that you can help me raise money for this worthy cause by donating any amount that you can afford. You can see more details by visiting: www.jogscotlanddunfermline.co.uk Many thanks ……..

……name……	donation	paid	……name……	donation	paid